

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

★ ★ Happy ★ ★
New Year

				8:30- New Year Resolutions 9:15- Brain Fitness 10:30- Worship	8:30- Morning Chat 9:00- BINGO 10:00- Brain Fitness 1:00- Audio Book Club 2:00- Movie/Nail Painting 4:30- Trivia	8:30- Morning News 9:00- YouTube Sing-a-Long 10:15- Brain Fitness 1:00- Staff Choice 2:00- Saturday Movie 
8:30- Chair Exercise 9:00- Worship 10:30- Brain Fitness 1:00- Resident Choice 2:00- Movie	8:30- Morning Chat 9:00- Darts 10:00- Brain Fitness 1:00- Audio Book Club 2:30- STEM 3:30- Tic-Tac-Toe 4:30 Trivia 	8:30- Morning Exercise 9:00- Fact or Crap 10:00- Brain Fitness 1:00- Balloon Tennis 2:00- Animal Planet 3:00- Adult Coloring 4:30- Trivia Time	8:30- Morning Exercise 9:00- Daily Chronicles/News 10:00- Brain Fitness 1:00- BIRTHDAY SOCIAL** 2:00- Arts and Crafts 3:00- Resident Council 4:30- Trivia 	8:30- Morning Stretch 9:00- Brain Fitness 10:00- Worship w/ Father Reece 1:00- BINGO/Happy Hour 2:30- Elvis Birthday Sing-a-Long 3:00- Wii Games 4:30- Trivia	8:30- Meditation 9:00- Audio Book Club 10:00- Brain Fitness 1:00- Karaoke/Outing Sign Up 2:00- Movie Time 4:30- Trivia 	8:30- Morning News 9:00- YouTube Sing-a-Long 10:15- Brain Fitness 1:00- Staff Choice 2:00- Saturday Movie
8:30- Chair Exercise 9:00- Worship 10:30- Brain Fitness 1:00- Resident Choice 2:00- Sunday Matinee 	8:30- Morning News 9:00- Ring Toss 10:00- Brain Fitness 1:00- Audio Book Club 2:00- Music w/ Michelle 3:00- Velcro Catch 4:30 Trivia	8:30- Sittercise 9:00- Brain Fitness 10:00- RAP w/ DON/Food Advisory 1:00- Velcro Golf 2:00- Cooking w/ Dept. Head 3:00- Nailed It 4:30- Trivia 	8:30- Daily Chronicles 9:00- Chair Yoga 10:00- Brain Fitness 1:00- Wii Games 2:00- Pling Plong 3:00- Hang-Man 4:30- Trivia	8:30- Pick a Game 9:00- Brain Fitness 10:00- Worship w/ Father Reece 1:00- BINGO/Happy Hour 2:30- Sorry/Trouble 3:00- Bouncing Ball Game 4:30 Trivia 	8:30- Morning Chat 9:00- Audio Book Club 10:00- Brain Fitness 1:00- Karaoke 2:00- Movie & Nail Painting 4:30- Trivia	8:30- Morning News 9:00- YouTube Sing-a-Long 10:15- Brain Fitness 1:00- Staff Choice 2:00- Saturday Movie 
8:30- Chair Exercise 9:00- Worship 10:30- Trivia 1:00- Resident Choice 2:00- Sunday Matinee	8:30- Chat on the Patio 9:00- Ring Game 10:00- Brain Fitness 1:00- Audio Book Club/Popcorn 2:30- Pictionary 3:00- STEM 4:30- Trivia Martin Luther King Jr. Day	8:30- Morning Exercise 9:00- Daily Chronicles/News 10:00- Brain Fitness 1:00- Floor Hockey 2:00- I Should Have Known That 3:00- Color Therapy 4:30- Trivia Time	8:30- Daily Chronicles 9:00- Can Jam 10:00- Brain Fitness 1:00- LCR 2:00- Wii Games 3:00- Arts & Crafts 4:30- Trivia 	8:30- Pick a Game 9:00- Brain Fitness 10:00- Worship w/ Father Reece 1:00- BINGO/Happy Hour 2:30- Flicker Chicken 3:00- Wii Games 4:30 Trivia	8:30- Morning Talk 9:00- Paul Eugene 10:00- Brain Fitness 1:00- Audio Book Club 2:00- Movie & Snack 4:30- Trivia 	8:30- Morning News 9:00- YouTube Sing-a-Long 10:15- Brain Fitness 1:00- Staff Choice 2:00- Saturday Movie
8:30- Chair Exercise 9:00- Worship 10:30- Brain Fitness 1:00- Resident Choice 2:00- Sunday Movie 	8:30- Morning Chat 9:00- Bulldozer Bowling 10:00- Brain Fitness 1:00- Audio Book Club 2:30- Categories 3:00- Wii Games 4:30- Trivia	8:30- Morning Exercise 9:00- Magnetic Chess 10:00- Brain Fitness 1:00- Airplane Races 2:00- Cooking w/ Dept. Head 3:00- DVD Games 4:30- Trivia Time 	8:30- Daily Chronicles 9:00- Drop Cup 10:00- Brain Fitness 1:00- Axe Throwing 2:00- 20 Questions 3:00- Connect Four/Sing-a-Long 4:30- Trivia	8:30- Pick a Game 9:00- Brain Fitness 10:00- Worship w/ Father Reece 1:00- BINGO/Happy Hour 2:30- Whack -a-Balloon 3:00- Karaoke 4:30 Trivia	8:30- Morning Talk 9:00- Paul Eugene 10:00- Brain Fitness 1:00- Movie & Snack 3:00- Music w/ Michelle 4:30- Trivia 	8:30- Morning News 9:00- YouTube Sing-a-Long 10:15- Brain Fitness 1:00- Staff Choice 2:00- Saturday Movie

ALL ACTIVITIES ARE SUBJECT TO CHANGE THROUGHOUT THE MONTH