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| Resident Weight Loss or Gain of 5% | | | | NO. | |
| POLICY: Action will be taken when weight loss or gain of 5% or greater occurs.  PROCEDURE:  1. CNA will record weight monthly and it will be documented on the weight report. Resident will be re-weighed when significant loss/gain noted.  2. If weight loss/gain is 5% or greater, the D.O.N. or designee will notify M.D. per letter. This will be documented in the resident’s medical record to include physician’s response.  3. Dietician to be notified of weight loss/gain and any new orders.  4. The D.O.N. or designee will notify family member and inform them of new approaches.  5. Resident will be weighed according to the plan of the intra-disciplinary team, continued until the weight stabilizes and the intra-disciplinary team agrees the frequency can be changed.  6. Appetites will be monitored every meal on identified residents, and documented in the resident record.  7. Resident’s response to food and snacks will be documented in the resident’s medical record.  8. Monthly Weight Record will be sent to physician for signature and returned to DON for reviewing and filing.  9. On a routine basis, weight losses/gains are reported for 5% in one month, 7 ½ % in three months, 10% in 6 months and any significant gradual weight loss/gain over a period of time. Physician is notified, with response documented in notes. Weights are reviewed weekly at care plan conference, with recommendation addressed and revisions to care plan made. | | | | | |
| Approved: | Effective Date:  11/92 | Revision Date:  6/10; 7/10 | Change No.: | | Page:  1 of 1 |