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| VAGINAL DOUCHE | | | | NO. 148 | |
| PURPOSE:  To provide cleaning or induce medication to the vaginal tract as ordered by the physician.  EQUIPMENT:   1. Disposable douche 2. Plastic gloves 3. Bed pan 4. Lubricating jelly 5. Wash cloth 6. Towel   PROCEDURE: 10 min. 0.167 hr.   1. Wash your hands thoroughly. 2. Bring equipment to patient’s room. 3. Fill vaginal kit with warm water. Be sure to check temperature with elbow to avoid use of too warm solution. Allow solution to run through tube, then clamp. Note: If medicated solution is prescribed, this solution must be prepared and the procedure supervised by a licensed nurse. 4. Provide privacy. Explain procedure. Lower the bed. 5. Position the patient on her back, ask her to bend her knees. 6. Remove all bed clothes expect top sheet. Drape top sheet over patient for privacy. 7. Put on plastic gloves. 8. Put patient on bed pan. 9. Lubricate nozzle, separate lips of vagina, insert nozzle, unclamp tubing. Direct the nozzle upward and rotate slowly. If the patient complains, stop the procedure and check the temperature of the solution. 10. Allow all the solution to run into the vagina, clamp off tubing. Remove nozzle. 11. Dry the patient’s genital area and remove the bed pan. 12. Make the patient comfortable, be sure to change all soiled linen. 13. Report any odor, drainage, or signs of irritation. Chart time of procedure and any unusual conditions noted. | | | | | |
| Approved: | Effective Date:  2/86 | Revision Date:  3/06 | Change No.: | | Page:  1 of 1 |