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| Trauma Informed Care F699 483.25 | | | | NO. | |
| Trauma Informed Care F699 483.25  POLICY  Our facility strives to ensure that residents who are trauma survivors receive culturally competent, trauma-informed care in accordance with professional standards of practice and accounting for resident’s experiences and preferences in order to eliminate or mitigate triggers that may cause re-traumatization of the resident.  Trauma-informed care is not a therapy, intervention, or specific action. It is an approach to engaging people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives. Trauma is extreme stress that overwhelms a person's ability to cope. It can be an event, a series of events, or set of circumstances that harms a person's physical or emotional well-being.  The Four "R"s of Trauma-Informed Care  There are four elements of a trauma-informed approach.  [**Realizing the prevalence of trauma**](https://www.dhs.wisconsin.gov/tic/index.htm#realizing-the-prevalence-of-trauma)  [**Recognizing how trauma affects individuals**](https://www.dhs.wisconsin.gov/tic/index.htm#recognizing-how-trauma-affects-individuals)  [**Responding by putting this knowledge into practice**](https://www.dhs.wisconsin.gov/tic/index.htm#responding-by-putting-this-knowledge-into-practice)  [**Resisting re-traumatization**](https://www.dhs.wisconsin.gov/tic/index.htm#resisting-retraumatization)  PROCEDURE   1. Upon admission to the facility, residents or their Power of Attorney will ask if the resident has experienced any trauma which may affect their emotional or physical wellbeing. 2. A care plan will be developed, addressing the history of trauma. The care plan team will develop what may trigger them to re-live the trauma experienced (such as: resident was in combat and loud noises will trigger resident to fall to the floor). 3. The activities department staff will be aware of the trauma inducing memory and ensure activities the resident attends are sensitive to particular triggers that may induce emotional or physical symptoms. 4. All care staff will be notified of triggers which may cause the resident to have physical or emotional symptoms related to the past trauma. | | | | | |
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