|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Restricted Fluids | | | | NO. | |
| PURPOSE:  To provide specific guidelines regarding the provision of fluids to the resident with fluid intake restrictions.  STATEMENT OF POLICY:  It is the policy of this facility to safely provide to the resident the amount of fluids indicated by the physician’s order and resident’s plan of care.  PROCEDURE:  1. Licensed Nurse will note the physician’s order in regard to fluid restriction and develop and/or follow a plan for the amount of fluids to be consumed by the resident each shift.  2. Licensed Nurse will notify the Dietary Department of the fluid restriction and designate how fluids are to be provided. Fluids may be provided by:   1. Specific amounts of fluids included on the resident’s meal trays in combination with fluids given during medication pass and in-between meals by the nursing staff OR 2. All fluids provided by the nursing staff.   3. Licensed Nurse will place an intake and output record in the MAR. to ensure that any and all fluids consumed by the resident are recorded.  4. The resident with an order for restricted fluids will not have a water pitcher or cup at the bedside.  5. The resident that is receiving restricted fluids will be identified by:   1. An identification dot will be placed outside the resident’s door for identification of restricted fluids. The dot will contain “R” for restricted. 2. Facility may identify and use other visual aids as appropriate and necessary.   6. Encourage the resident and/or the responsible party to remain within the limits of his/her prescribed fluid intake.  7. Fluids consumed by the resident are to be accurately measured and recorded.  8. Intake record should be maintained during the time that the resident is on restricted fluids.  9. If the resident is not consuming the amount of fluid ordered (under or over the amount ordered), the Licensed Nurse will notify the physician and document further orders. | | | | | |
| Approved: | Effective Date: | Revision Date: | Change No.: | | Page:  1 of 1 |