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| **NEBULIZER TREATMENT** | | | | NO. | |
| **PURPOSE:** To enhance breathing, expand airway and to promote removal of bronchial secretions.  **EQUIPMENT:**   1. Nebulizer machine and plastic bag 2. Tubing and mouthpiece or mask 3. Medication 4. Kleenex 5. Gloves 6. Pulse oximeter if needed 7. Soap and water   **PROCEDURE:**   1. Wash your hands 2. Collect equipment and bring to bedside 3. Explain procedure and provide privacy 4. Raise head of bed at least 30 degrees 5. Connect tubing to nebulizer machine 6. Prepare medication and put into nebulizer unit 7. Turn on machine. Take pulse oximeter reading as indicated 8. If mouthpiece is used, assist resident to place in mouth 9. If mask is used, assist resident to put on mask 10. Remind resident to take deep breaths and to breath out slowly 11. If coughing occurs, be sure to have Kleenex and assist as needed 12. Give treatment for the period of time as ordered by the physician 13. Monitor resident during treatment for excessive coughing or excessive restlessness. If this occurs, hold treatment temporarily and assess. Follow up with resumption of treatment when symptoms subside or contact physician as needed. 14. When treatment is concluded, turn off machine 15. Remove tubing, mask or handheld mouthpiece unit and take another pulse oximeter reading as ordered. Put tubing in plastic bag. 16. Remove gloves and wash hands 17. Return nebulizer equipment to designated room for cleaning: Disassemble the kit and wash in warm, soapy water. Rinse with cold water and allow to air dry. Store covered in the medication room or resident’s room. 18. Change nebulizer tubing, mask, handheld device weekly. 19. Chart any pertinent observations | | | | | |
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