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| INCONTINENT CARE | | | | NO. | |
| PURPOSE:  To keep patients clean, dry and comfortable and to retain the maximum amount of dignity.  EQUIPMENT:   1. Incontinent brief 2. Draw sheet 3. Clean sheets, blankets and spread as needed 4. Wash basin and wash cloth 5. Towel   PROCEDURE: 10 min. 0.167 hr.   1. Bring equipment to bedside. Arrange conveniently. Provide privacy for patient. 2. Turn patient to side. Wash exposed area of patient’s buttocks with soap and water. Rinse well. Dry well. Lubricate with lotion. 3. Roll soiled draw sheet, brief and bottom sheet if needed as far under patient as possible. 4. Place clean draw sheet, and bottom sheet if needed on bed. Tuck in. 5. Place brief, if used, on top of draw sheet. 6. Turn patient and wash remainder of buttock and perineal area. Lubricate with lotion / barrier cream. 7. Remove dirty linen and place in dirty linen hamper. 8. Pull clean linens through. Tuck in. 9. Rub patient’s back and buttocks with lotion. 10. Fasten brief, if appropriate. 11. Put on clean gown if necessary and replace top sheet, blankets and bedspread if needed. Tuck in. 12. If patient has side rails, make sure they are up. Make patient comfortable. 13. Remove soiled linen and equipment from room. 14. Rinse heavily soiled linen and soiled briefs and place in hamper to be taken to laundry room. Clean and return all equipment to proper place. | | | | | |
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