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| GAIT BELT USE POLICY | | | | NO. | |
| PURPOSE:  Gait belts are used to help prevent injury of staff or residents during transfers and ambulation.  PROCEDURE:   1. Explain procedure to resident. 2. Position the gait belt. 3. Ensure the belt is not too tight; allow a finger width between belt and resident. 4. Stand as close to the resident as possible. 5. Use a broad base of support. 6. Hold belt with hand, do not hold the buckle. 7. Bend your hips and knees, keep your back straight. 8. Move your body in the direction of the transfer. 9. To transfer the resident, assist to standing position by holding the belt at the waist and pivot resident to the chair. 10. To ambulate the resident, stand at resident weak side and grasp belt at waist from underneath. 11. When transfer or ambulation is complete, remove the gait belt. | | | | | |
| Approved: | Effective Date: | Revision Date: | Change No.: | | Page:  1 of 1 |