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| Eye Drops and Ointment | | | | NO. 49 | |
| PURPOSE:  To administer eye drops and/or ointments as prescribed by the attending physician.  EQUIPMENT:  1. Prescribed, properly labeled container of eye drops or ointment.  2. Clean gauze sponge or tissue.  3. Gloves.  PROCEDURE: 2 min. 0.033 hr.  1. Obtain medication card/sheet needed for medication.  2. Check medication card/sheet with doctor’s orders.  3. Explain treatment to patient.  4. Take medication to patient’s room.  5. Check label on medication with medication card.  6. To instill eye drops:  a. Wash hands. Put on gloves.  b. Take care to treat correct eye.  c. Turn patient’s head slightly toward side being treated.  d. Fill dropper with correct solution, reading label carefully.  e. Evert lower lid by placing finger on check below eye and rolling down.  f. Rest hand with dropper on forehead of patient. Hold tip parallel to and at least one inch from patient’s eye.  g. Take care not to touch medication bottle tip to eye.  h. Close eye and hold gauze at inner canthus, making gentle pressure against lacrimal duct for a few seconds.  i. Wipe eye from inner to outer canthus with clean gauze or tissue.  j. If more than one drop per eye is prescribed, wait 5 minutes between subsequent drops.  7. Discard gauze.  8. Remove gloves and wash hands.  9. Return medication shelf or tray.  10. Chart:  a. Eye treated  b. Medication and dosage | | | | | |
| Approved: | Effective  Date:  2/86 | Revision  Date:  2/03 ; 2/06 | Change No.: | | Page:  1 of 1 |