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| Colostomy Care and Cleanliness | | | | NO. | |
| Policy: It is the policy of this facility to provide Colostomy Care consistent with the standard of care fore those residents requiring this service.    Objective:   1. To maintain cleanliness and promote good skin care. 2. To eliminate odors. 3. To provide education for self care.   Equipment:   1. Warm water 2. Soap 3. Towel plastic bag 4. Prescribed Ointment 5. Ostomy appliances if it is the day the equipment is changed.   Staff Responsible:  Licensed personnel or certified Nurse’s Aides that have been trained to do so.  Procedure for Changing Colostomy Equipment   1. Explain the procedure to the resident. 2. Have equipment ready at bedside. 3. Provide privacy to the resident. 4. Assist resident to recumbent position. 5. Expose the abdominal area. 6. Place protective cover under the resident. 7. Put on gloves. 8. Remove the plastic bag. Drain in toilet and rinse with clean water until it is clean. Bags should be replaced on shower day. 9. Cleanse stoma and skin surrounding the stoma with soap and water. Rinse and dry gently. The wafer should be changed ever 5 to 7 days. 10. Apply prescribed ointment to skin area surrounding stoma. 11. Remove and clean used equipment. Discard of any disposables used. 12. Wash hands. 13. Assist resident to comfortable position. | | | | | |
| Approved: | Effective Date: | Revision Date: | Change No.: | | Page:  1 of 1 |