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|  BOWEL TRAINING  | NO. 64 |
| PURPOSE:To re-establish a program of independent bowel control by means of routine schedule.PROCEDURE: 1. Place the resident on the toilet, beside commode or bedpan (whichever is permissible). Ask him to consciously try to have a bowel movement.
2. Do this at the same time each day.
3. Report results to the nurse.
4. If the resident does not have a bowel movement, the nurse may stimulate the intestines to work by giving the resident a suppository each morning if the doctor orders it or by giving him prune juice the night before if within his diet restrictions.
5. When the resident has established a regular habit of having a bowel movement, the suppository, if ordered, can be eliminated.
6. If the resident does not have a bowel movement for several days, perform digital exam for impaction. If present, remove manually.

 CHARTING:1. Chart on Daily Nursing Notes

 a. Check “X” in stool column on graphic sheet.1. If suppository is given, chart on Medication Record.
2. Chart on Nursing Notes:

 a. Digital exam b. Pertinent observations |
| Approved: | Effective Date: 2/86 | Revision Date: 3/06 | Change No.: | Page: 1 of 1 |