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| BOWEL TRAINING | | | | NO. 64 | |
| PURPOSE:  To re-establish a program of independent bowel control by means of routine schedule.  PROCEDURE:   1. Place the resident on the toilet, beside commode or bedpan (whichever is permissible). Ask him to consciously try to have a bowel movement. 2. Do this at the same time each day. 3. Report results to the nurse. 4. If the resident does not have a bowel movement, the nurse may stimulate the intestines to work by giving the resident a suppository each morning if the doctor orders it or by giving him prune juice the night before if within his diet restrictions. 5. When the resident has established a regular habit of having a bowel movement, the suppository, if ordered, can be eliminated. 6. If the resident does not have a bowel movement for several days, perform digital exam for impaction. If present, remove manually.   CHARTING:   1. Chart on Daily Nursing Notes   a. Check “X” in stool column on graphic sheet.   1. If suppository is given, chart on Medication Record. 2. Chart on Nursing Notes:   a. Digital exam  b. Pertinent observations | | | | | |
| Approved: | Effective Date:  2/86 | Revision Date:  3/06 | Change No.: | | Page:  1 of 1 |