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|  **BOWEL PROTOCOL** | NO.  |
| 1. All residents newly admitted or re-admitted to the facility will be monitored for 72 hours for bowel and bladder function.
2. A licensed nurse will evaluate the resident after the 72 hour toileting record is complete. The nurse will complete the bowel and bladder assessments and determine if the resident should be placed on a planned toileting schedule or retraining program.
3. The plan will be included in the resident’s plan of care and communicated to the staff.
4. Nursing assistants will record bowel movements daily
5. The nurse on the evening shift will review the bowel records daily and create a list of residents with no BMs.
6. Treatment will be initiated per the following protocol:
	1. After 2 full days without a BM the day shift nurse will administer Milk of Magnesia 30cc per physician’s order.
	2. Day 3: if no results by the next morning the day shift nurse will give a suppository before the residents preferred time of rising.
	3. Day 4: if no results by after lunch the evening shift nurse will give Milk of Magnesia 30cc per physician’s order.
	4. If no results by the evening the nurse will assess bowel sounds and if bowel sounds are diminished will give a fleets enema per physicians orders.
7. The results of the enema will be documented.
8. If the results are small the physician will be notified.
9. Review the dietary interventions, add fiber, fresh fruit¸ vegetables.
10. If not on fluid restriction increase fluids to 2000-2500cc daily.

\*Formerly Bowel Training Program |
| Approved: | Effective Date: 2/86 | Revision Date: 3/06; 4/12 | Change No.: | Page: 1 of 1 |