|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ADMINISTERING SUBCUTANEOUS INJECTIONS | | | | NO. 37 | |
| PURPOSE: To deliver slow absorbing medication per prescribed route. Injection sites: abdomen, lateral and posterior aspects of upper arm or thigh, scapular area of back, upper ventral-dorsal gluteal areas.  EQUIPMENT: 3cc safety syringe with 5/8” needle  Medication vial or ampule  2 alcohol swabs  Medication Administration Record (MAR)  gloves  PROCEDURE:  1. Identify resident MAR, check last injection site if routine, check medication label.  2. Gather equipment.  3. Wash hands.  4. Wipe top of bottle with alcohol wipe.  5. Take off needle cap with multi-dose bottles, pull plunger of syringe down to the desired amount of bottle. One dose bottle, invert bottle and withdraw desired amount of prescribed medicine. Replace cap. Again check label of medication against MAR for accuracy.  6. Take medication and MAR to resident.  7. Identify resident and explain procedure and medication purpose.  8. Provide privacy.  9. Wash hands, don gloves.  10. Identify site for injection by identifying anatomical landmarks.  11. Cleanse area with alcohol wipe. Using a circular motion, cleanse from inside – outward.  12. Take cap off needle. | | | | | |
| Approved: | Effective  Date: | Revision  Date:  3/95; 5/05 | Change No.: | | Page:  1 of 2 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ADMINISTERING SUBCUTANEOUS INJECTIONS | | | | NO. 37 | |
| 13. Grasp subcutaneous tissue between the thumb and forefinger. With one hand, hold syringe like a dart or between thumb and forefinger with other hand.  14. Insert needle at a 90 degree angle.  15. Release subcutaneous tissue.  16. Hold syringe barrel with one hand and aspirate by pulling back on plunger. If blood does not appear, inject medication. If blood appears, withdraw syringe, discard and prepare a new injection.  17. Withdraw needle quickly.  18. Discard safety needle in safety container.  19. Remove gloves, dispose. Wash hands.  DOCUMENTATION:  On MAR, initial correct drug, time, date, route, number of rotation site according to facility chart. | | | | | |
| Approved: | Effective  Date: | Revision  Date:  3/95; 5/05 | Change No.: | | Page:  2 of 2 |