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|  REHABILITATIVE NURSING CARE | NO. 224 |
| The rehabilitation management is provided by the consultant physiatrist and facility CRRN’s. The facility has a program of rehabilitative nursing care that is an integral part of nursing service and is directed toward helping residents to achieve and maintain an optimal level of self-care and independence. Nursing personnel are trained in rehabilitative nursing, and provide these services 24 hours a day, 7 days a week for residents who require them. Nursing personnel routinely record these services in the facility's medical record.Rehabilitative Nursing Schedules include:1. Maintaining good body alignment and proper positioning of bedfast residents.
2. Encouraging and helping bedfast residents to change positions at least every two hours day and night, or as prescribed by the attending physician, to stimulate circulation and discourage pressure ulcers.
3. Keeping residents active and out of bed for reasonable periods of time (except if otherwise indicated by the physician's orders), and helping them learn self-care, transfer skills, and other skills as appropriate.
4. Helping residents adjust to their disabilities, and to use prosthetic orthotic, or other adaptive equipment.
5. Helping residents carry out prescribed restorative programs and exercises.
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| Approved: | Effective Date: 3/86 | Revision Date: 8/08; 3/17 | Change No.: | Page: 1 of 1 |