|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ALTERNATIVE MENU (PROTEIN SUBSTITUTION) | | | | NO. 637 | |
| Goal:  To provide residents with an alternative choice of protein from that on the menu.  Resident may choose from the listed protein choices as well as other subs offered by following the procedure for substitution.  Lunch (3 oz) Dinner (2oz)  Monday Chicken Breast Peanut Butter & Jelly (4TBSP)    Tuesday Tuna Salad Sandwich (3/4c.) BLT Sandwich  Wednesday Pork Chop Hamburger  Thursday Reuben Cold Cut Meat Sandwich  Friday Patty Melt Pizza    Saturday Cold Cut Meat Sandwich Grilled Cheese Sandwich  Sunday Egg Salad (3/4 c) Pizzaburger  Each meal will serve a cooked vegetable and raw vegetables will be an alternate.  Nancy Gehrke R.D. June 7,1989  Revised December 12, 1994  Revised June 22, 1999 (Nancy Gehrke and Lori Dietzenbach)  Revised April 27, 2000 (Lori Dietzenbach)  Revised June 2001 (Lori Dietzenbach)  Revised January 2007 (Deb Chamberlain) | | | | | |
| Approved:  Libby Goodman | Effective Date:  12/1994 | Revision Date:  1/2007 | Change No.: | | Page:  1 of 1 |