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| DIETARY PROTOCOL FOR HIGH SKIN RISK | | | | NO. 635B | |
| PURPOSE:  To provide residents with adequate protein needs to promote optimum health and skin integrity.  POLICY:  The following protocol will be implemented if menu items are not meeting residents' estimated needs:  1. Residents assessed to be at high risk will be offered extra protein at meal time, which will consist of  1 egg, 1 toast at breakfast (extra)  1 oz. protein, 1 bread at supper (extra)  1 oz. protein of another choice can be used instead of 1egg,  Residents on 1200 calorie diets will receive the extra egg and extra protein at supper, not extra bread.  Residents deemed high skin risk and who have a doctor's order for extra protein, may be offered Resource or Carnation Instant Breakfast with meals. | | | | | |
| Approved: | Effective Date: | Revision Date: | Change No.: | | Page:  1 of 1 |